



The Steeple Bell

of St. Barnabas Parish



February 2010

An Episcopal Community since 1891

Issue # 1-2010

An evening of fun to plan—what else—more fun!!

Grab your calendars! The 2010 St. Barnabas Auction will be Saturday, Mar. 13! Join us for our traditional homemade spaghetti dinner and auction. This year's lofty goals have been set to support St Barnabas.

This year auctioneers will be Erin and David Bell who will receive training from professional auctioneers to conduct the auction of special items.

However, the auction is much more than our largest fundraiser. It is the opportunity to make friends. Bring your calendars and plan your social life—a bicycle ride, a fabulous Italian dinner or a book club. **All our events have one thing in common: fun and fellowship.**

As always there will be many, many great items to bid on. This year the Auction

Committee challenges everyone to bid on and/or put an item in the auction itself.

Share your favorite past time, your favorite meal, game, sporting event, book or bottle of wine. The possibilities for fun are endless. If you have questions, ask any of us.

Please plan on giving one hour of your time the day of the auction. You can serve in so many ways—**help with set up, clean up, registration, posters, etc. Set up will be Saturday, Mar. 13 at 9:30 am.** If you like to cook, think about joining the Spaghetti Sauce Party the week before with Jim Esten. He can be

contacted at 303-355-3932 or jcesten@dim.com.

Any questions can be asked of your Auction Committee: Karen & Jim Esten, Karen & Lynn Hoffman, Melinda Cabell, Brandon Davis, Grace & Bob Nelson, Bill & Dee Frazier, Sher Mangan, Sean Middleswart & Jim Matkin, Heather Gorham, and Timothy & Elizabeth Hepp.

Help wanted

The auction committee is getting older (some said old!) and tired. We need help, new ideas and fresh energy. We have approximately five meetings a year—most are potlucks at one of our houses—which make for good times while planning the only fundraiser to support the church and our ministries. The money we raise at the auction is a vital part of our budget. Please consider joining one of the most fun committees at St. Barnabas. Talk to any committee member for more info.



AAAClipArt.com

Auction Dates to Remember

Donor Forms Due: Feb. 21

Donor Forms Available at

www.stbdenver.org

Posters Due: 4 p.m., Friday, March 12

Auction Doors Open: 5 p.m.,
Saturday, March 13

Start Lent with a retreat

As the Lenten season approaches, we invite you to consider a brief retreat as part of your Lenten discipline for 2010. "Practicing Benedictine Spirituality—A Discipline for Lent" will be held on Friday evening, Feb. 19 and Feb. 20 from 8:30-4:00. Sr. Lynne Smith of Holy Wisdom Monastery in Wisconsin will lead the retreat at University Park United Methodist Church, 2180 S. University.

The retreat will include several liturgies, a focus on Benedictine spirituality and the specific values of hospitality and listening, environmental stewardship, and time for prayer. A simple lunch will be served.

To register, pick up a flyer in Lukens Wing or go to www.universityparkumc.org. Cost is \$20 for Friday, \$40 for Saturday or \$50 for both sessions.

Adult Forum looks at faith challenges

In February, Adult Forum will be reading and discussing *Just Courage*, a short but challenging account by Gary Haugen of his efforts to take his Christian beliefs into international action for justice. *Just Courage* is a blueprint for personal action. Copies will be available for purchase at \$12 after the 9:30 Sunday service. In March, Forum discussion will turn to the Millennium Development Goals—the challenges, good intentions and progress so far. Join the discussion each Sunday at 11 a.m. in Marshall House.

2010 Annual Meeting on Feb. 7

The annual meeting for St. Barnabas Parish is set for Sunday, Feb. 7 at 11 a.m. in Marshall House. Learn about the 2010 budget, hear reports from committees, meet and elect new Vestry members.



Easter bell choir forming

Plans are underway for a bell choir for Easter comprised of youth and adults. Rehearsals will take place from 10:45 to 11:15 a.m. between now and Easter, beginning on Sunday, Jan. 31. (Not every Sunday. A schedule will be available soon.) If you are interested or have questions, please send an email to Kent Mueller: muellerkent@gmail.com.

Goal: Eradicate hunger

The Millennium Development Goals (MDG) are one of my deep commitments and I would like to expand on Goal #1: "Eradicate extreme poverty and hunger." Extreme poverty and hunger means living on less than \$1-2 a day. Can you imagine supporting yourself or your family on less than that? Knowing that the basic requirements of human beings include water, shelter and food, I wonder how that is possible.

We and our global neighbors must do what we can one by one to help eradicate poverty and hunger. Some suggestions are:

- Send money to Episcopal Relief and Development and designate it for MDG.
- Pray continually for those who are suffering from poverty and hunger.
- Continue to financially support local organizations helping our neighbors suffering from poverty and hunger.
- Volunteer at organizations supporting the homeless and hungry.

We must step out of the comfort of our abundance and increase our involvement with these problems here and in developing countries.

May God bless you all in 2010 and may we accomplish significant things together.

—Deacon Sally Megeath

From the Rector Millions are in continuing peril



As I write this, it is two days since the massive earthquake struck Haiti, the poorest nation in the Western hemisphere. The pictures and the stories are beyond shocking. More than three million people have been directly impacted with another million in outlying areas. Survivors are in continuing peril.

It is hard to know how to hold this in our hearts. We want our hearts to be big enough but the devastation is so huge. All I can offer is this prayer and a thought:

“Eternal One, our Rock and our Refuge, You are the source of our trust and our salvation. To You we turn with thoughts and prayers for those whose lives were lost.

“We think of those who died, of those who lost all that was precious and dear to them, family, friends, homes and possessions, of those whose lives are now blighted with loss, suffering, disease and poverty and who cry out to You: ‘Save me, O God; I am weary with my crying; my throat is parched, my eyes grow dim.’

“O God, do not be far from those who cry out to You: guide us in all that we undertake on

their behalf. As You support the needy when they call, may we respond with generosity and compassion; as You have pity on the weak and the poor, so may we help save the lives of those in danger, alleviate their suffering and bring hope and help to all those who have survived and must rebuild their lives.

“You are our God. In You shall be our faithfulness and steadfast love, for You are our God and the Rock of our salvation.”

I tear up every time I think of what it is like there. Having been there, I know we haven't even begun to learn of the full dimensions and the human toll. Send money to the Red Cross or other reputable organizations which have resources already on the ground. Send money to Episcopal Relief and Development (<http://www.er-d.org/>) who are geared for the long haul after the first stage of relief.

Picture one, only one, child, mother, father, grandparent whatever comes to your mind's eye and let that image stand for all you pray for. In your prayer, dedicate your heart to doing something this week, six months from now, a year from now that can assist someone in Haiti represented by that image you carry in your heart.

May God guide us to be faithful servants. May our hearts be God's heart. May our hands be God's hands.

Yours in Christ,
Paul+

YOU CAN HELP THE PEOPLE OF HAITI

Episcopal Relief and Development provides assistance and helps rebuild devastated communities. In Haiti, ERD is collaborating with the Diocese of Haiti in supplying food, water and other needs to about 3,000 people in a tent city in Port-au-Prince. Bishop Rob O'Neill has secured a grant of \$75,000 from the Anschutz Foundation to match dollar for dollar your contributions to the Diocese of Colorado's efforts to aid the people of Haiti. Please make your check out to St. Barnabas, noting on the check that it is for Haiti relief. All contributions will be forwarded to the diocese to help earn the match. Contributions must be received by Feb. 16.

Outreach Committee collections help homeless

During February, the Outreach Committee will collect men's socks and underwear for the St. Francis Center. Please bring your donations and place them in the St. Francis Center bin. In addition, we are collecting on an ongoing basis (until further notice) outdated cell phones and used ink jet and laser printer cartridges to be recycled.

Meet the VESTRY CANDIDATES 2010

Tori Meyers

I have been a member at St. Barnabas for over five years and I am excited about the opportunity to serve the church in a new way on the vestry.



My husband Kerby and I have three children: Collin (9), Zia (6) and Nolan (2). St. Barnabas is a cherished part of all of our lives. It is a place where my children have made strong bonds of friendship with other children. It is a place where we can come and remember what is really important in our busy lives. It is a place where I

can talk to other parents about the joys and struggles of parenthood. It is a place where we enjoy great fellowship on Sundays, at auction events, and at family retreats, to name a few. And it is a place where we can all grow in faith and spirituality.

Because I believe that St. Barnabas is such an amazing community, I am committed to ensuring that it continues to thrive. I believe my experience as a grant writing consultant, director of Asset Building Programs at Mile High United Way, and previous service on two boards of directors—a nonprofit agency and a charter school—will enable me to add valuable contributions to the vestry.

Sean Nesbitt

I am a lifelong Episcopalian having been baptized and confirmed in the Episcopal Church. My father was ordained in the Episcopal Church when I was 12 and I was an acolyte from age 6 to 18.



In my college years, I worked for two summers at Ascension School (the church camp for the Eastern Oregon diocese) as a counselor. I was also a Sunday school teacher for two years for middle school age children.

I was a parishioner at St. Mary Magdalene in Boulder from 2002 until 2008 when our family moved to Denver. During our time in Boulder, I completed Education for Ministry training, a four year course. Professionally, I am the director of facilities planning at Metropolitan State College. I am also a volunteer cross country and track coach at Metro State.

I enjoy the community of St. Barnabas greatly. With a three year old, I have been very impressed with the Godly Play program, but also feel that the mission of St. Barnabas is embodied in all aspects of the church community: outreach, worship services, music and stewardship. I want to become more a part of the St. Barnabas community and it would be my pleasure to serve on the vestry.

Wills Long

I have had long experience in the Episcopal Church and service at St. Barnabas where I have been a member since 1990. I have served on the vestry, as senior warden, as chair of the finance committee, and as chair of the committee that created a very successful Legacy Society. I also chaired the committee which established the Second Century Alex Lukens Endowment Fund. As senior warden, I helped negotiate the parameters for the blessing of relationships in several difficult meetings



between Fr. Halverstadt and Bishop Winterowd. I participated in EFM. Most recently, I served on the search committee that called Rev. Paul Garrett as rector.

On the diocesan level, I have been a trustee and chair of the Colorado Episcopal Foundation, have served on the diocesan finance committee as well as other diocesan committees. I have also served another church as vestry member, senior warden and on a search committee. I have served on a discernment committee for a future priest candidate.

I feel that my broad experience in leadership, management, finance, discernment, understanding the big picture, the diocese and national church as well as St. Barnabas gives me the history and background to responsibly contribute to the vestry. I have skills in building consensus and facilitating compromise. I am a supportive team player. I should be able to contribute to the diverse make-up of the vestry. I feel called to serve.

John B. Kerber

I was ordained a Catholic priest in 1975 and served at three parishes in pastoral ministry, sacramental ministry, youth ministry and in developing a religious education curriculum. I was involved in bringing contemporary music to all the parishes I served. In 1980, I left ordained ministry and in 1982 I married my wife Ellen.



I have been a training consultant for Control Data, a training manager and software developer, and liturgy and music director at St. Hubert Parish. After graduate school in clinical psychology (graduating from the Minnesota School of Professional Psychology in 1997), I became a clinical psychologist at Hutchinson Health Care in Minnesota until 2008. I have also been a lay preacher and served on a parish long range planning committee.

The 12th Annual St. Barnabas
ALL-PARISH ART SHOW & COFFEEHOUSE

ART SHOW:
Friday, Feb. 26 –
Sunday, Feb. 28

*Do you create visual art,
 photography, sculpture,
 toys, furniture, quilts, etc.?*



COFFEEHOUSE :
Saturday, Feb. 27,
7 p.m.

*Do you write poetry or sto-
 ries? Would you like to read a
 favorite poem or story, play
 music, sing, dance?*

The Art Show & Coffeehouse needs you!
Sign-up by Valentine's Day!

Go to stbdenver.org to link to a Sign-up Sheet on the home page.
 Email it to: rambjm@comcast.net no later than **Sunday, Feb. 14.**

or

Pick up a sign-up sheet at the Art Show and Coffeehouse display in Lukens Wing.
Place completed Sign-up Sheet in the basket at the display.

*Questions? Or to register by phone:
 Call Art Show Coordinators Barb & Roger Mattison at 303-322-4878.*

Check out St. B's Website

To confirm dates and times of St. Barnabas events, check the monthly calendar posted on the St. Barnabas website (www.stbdenver.org).

Soup becomes medical aid

Almost every week, the St. Barnabas Soup Group prepares fresh ingredients to make a tasty soup. Time, talent and treasure are converted into delicious soup for enjoyment by St. Barnabas parishioners. Contributions support the charity clinic of St. George's Anglican Church in Baghdad which tends to the medical needs of Baghdad residents regardless of religious affiliation.

A bombing last October near St. George's did substantial damage forcing a one month closure but the clinic has now been fully restored. Much of the medical equipment was replaced and the kitchen was rebuilt. St. Barnabas parishioner contributions for soup go to the clinic through the Foundation for Relief and Reconciliation in the Middle East.

Experience Benedictine Way

Practice contemplative prayer and action with Benedictine Way. The group meets the first three Monday evenings of each month beginning at 6:30 for two hours of quiet worship, supper, teaching and prayer. All are welcome! See the St. B web site for more details.

Jane: A heart full of gratitude

After the pageant on Dec. 20, I received kind words, a beautiful bouquet, a 3D wind spinner, gift cards for a shopping spree, an ovation and a reception with yummy cake. I felt honored and overwhelmed with love. Many thanks.

The Family Ministry grew because the community worked together. Each of you has been supportive and generous. I feel honored to have served you and the children. The children shared themselves with me and with each other. They truly care about each other and like being together. I was blessed also with the greatest parents in the world: parents with ideas, parents teaching, parents enjoying each other, parents growing spiritually. The body of Christ is alive in all of you. Thank you for the opportunity to work as Family Minister in Faith Formation.

On my last day, Sunday, Jan. 10, I expected a “passing of the keys” ritual. To my surprise, Paul spent time in his sermon honoring me and my work. For a person who is comfortable being in a



A graceful transition for Family Ministry: Fr. Paul (l), Jane (center), Tina (r).

“behind the scenes” support role, it was a bit uncomfortable to be the center of attention. However, I am grateful for the acknowledgement and recognition. As Brian and I were called up for the “praying our blessing—the retirement of Jane Schmitz,” I was greatly moved.

During “Praying Our Blessings—commissioning Christina Clark,” I felt every word of what I said to Tina, our new Family Minister. I admire Tina and I know she will do a magnificent job. It was a moving goodbye and a heartfelt hello. It was an honor to be part of the service. Thank you, Paul, for creating such a sacred time.

Thank you, St. Barnabas, for being a loving community. May you all continue to grow in faith, hope and love. Blessings and thanks to you in the name of the Creator, Redeemer and Sustainer.

—Jane Schmitz, *Family Minister, 2001-2010*

Tina: An educator and advocate for children

Thank you, St. Barnabas community, for naming me Family Minister. As a St. Barnabas member and parent I have had the good fortune to be involved with family ministry for the last seven years and to witness its evolution and growth. In that time, I’ve grown increasingly passionate about ensuring the growth of the program.

My resume demonstrates a lifetime of work with children, yet such a document cannot reflect the joy and fulfillment I’ve gained in this work. As a teacher I dedicated myself to ensuring the best success for the children in my classroom as well as those throughout our school and region. Teaching gave me the opportunity to develop leadership and teamwork skills. I left teaching only because of dedication to a smaller population of children; my own boys.

Walking the professional path of a public school educator, I was obliged to keep the path of my spiritual journey separate. A cradle Episcopalian, my early church experiences unfortunately

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Thank you, Volunteers!

Family Ministry doesn’t work in isolation. Volunteers are an essential part of the process of Faith Formation. It is through us that others experience Christ. As the prayer by St. Teresa of Avila says: Christ has no body now but yours. Thank you to all the people who volunteered from June to December 2009: Denise Carter, Tina Clark, Claire Wiley, Bobbi Siersma, Judy Trujillo, Elizabeth Izant, Sher Mangan, Jody Will, Cate Wiley, Melanie Lindahl, Cindy Lindahl, Kevin Lindahl, Karen Burgess, Joe Bednarek, Mary Ellen Garrett, Mary Duell, Carol Anderson, Helen Barron, Paul Kosempel, Meredith Wakelyn, Sally Megeath, Ravel Richardson, Mary Kennedy, Celeste Richardson, Janet Manning, Cindy Lees, Toni Potter, Al Withrow, Jill Bednarek, Jolene Whitney, Warren Blanc, Kerby Meyers, David Sica, Meg Brown-Sica, Tori Meyers, Meredith Wakelyn, Ellen Janasko, Brian Price, Barbara Farley, Wendy Piburn, Doreen Burbach, Boo Hardie, Kristen Nordenholz, and Stan Siefer.

Family Ministry changes *(continued from p. 6)*
 left a very slight impression. It was actually a dance class that led to my earliest and most profound spiritual experiences. To escape my own lack of talent I fled to the sanctuary every week. It was there that I first came to know God and God's infinite grace. We sat together in peace and love those afternoons and it didn't matter that I wasn't a dancer.

The proof has been St. Barnabas and our amazing acceptance into this community. Our church family embraced us as a couple, rejoiced with us at the adoptions of our boys, suffered and supported us through Karen's medical crisis this year; all through God's grace and love. Through St. B., my relationship with God is evolving from walking my own path to figuring out where it joins with others to uphold their journeys.

Now my personal and professional paths can finally merge, and therein lays the passion I feel for this position. I always will be an educator of and advocate for children. As a volunteer, I've received the blessing of growing into relationship with St. B's children and their families. God has called me to live into the Word by dedicating my passion to the ministry Jane Schmitz began; to build on it and develop it as our children grow into the remarkable young people they will be.

—Christina Clark, Family Minister

Restored sanctuary kneelers preserve history

Many thanks to Eloise May for mending our beautiful kneelers. Eloise (pictured below) has spent hours and hours making needlepoint repairs, artfully weaving new threads into old patterns.



The handsome needlepoint cushions were stitched in the 1970s by parishioners of St. Mark's Episcopal Church (12th and Lincoln), according to Jane Foster who attended St. Mark's. The kneelers were designed by Paul Gregory,

St. Mark's organist. There was a split in the congregation, noted Jane, that led to many in that congregation finding a home at St. Barnabas.

The newcomers from St. Mark's came bearing gifts. Besides the kneelers, they brought a beautiful marble altar that was in the chapel at St. Mark's, the altar cross, vestments, linens, and the festival set used at Christmas, including chalice, paten and cruet. In addition, Jane said, St. Barnabas received two small stained glass windows and the beautiful hand-stitched altar panels framed in the Brady room and the upstairs hallway. The proceeds from the sale of St. Mark's organ to a church in Minot, North Dakota paid for St. Barnabas' organ.

Jane, her sister-in-law and two daughters stitched four of the kneelers now in St. B's sanctuary, purchasing the expensive Pater-nayan wool yarn, canvas and padding needed.

"It was expensive in the '70s when we created the kneelers and I anticipate that it will be even more costly to replace or add to the kneelers," she said. Recently when she had the kneelers dry cleaned, she learned that their deterioration resulted, in part, from using the wrong kind of canvas. "We should have used interlocking canvas," regrets Jane.

Jane is delighted that Mary Duell is taking the lead by forming a committee to add more

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 * **So That All May Eat** *
 * Before Thanksgiving, Family Ministry *
 * sponsored a food drive for Denver Urban *
 * Ministries. DenUM gathered donated food, *
 * sorted it, put it in boxes and delivered to *
 * needy families. St. Barnabas donated 166 *
 * pounds of food as well as several market gift *
 * cards. Way to go St. B!! *
 *

ST. B GETS COOKING

It has been a long time since the St. Barnabas Cookbook was published (sometime in the '80s). We are anticipating doing an addendum or perhaps a new cookbook! If you have any yummy "tried and tasted" recipes, please give them to Bobbi Blanc or submit them to Carol in the office (office@stbdenver.org). The more the better! If you would be interested in participating in this endeavor, please let Bobbi or Carol know.

Schedule of Services, Activities and Meetings

Sunday Services: 7:45 and 9:30 a.m.
Contemporary Service: 5:30 p.m.
unless otherwise noted.

Adult Forum: 11 a.m. Sunday,
Marshall House unless otherwise announced.

St. Barnabas Time: 11 a.m.
Sunday TBA
Marshall House unless otherwise announced.

Benedictine Way:
1st, 2nd, and 3rd Mondays, 6:30 p.m.

Bible Study and Eucharist:
Wednesdays, 10 a.m.

Education for Ministry (EFM):
Thursdays, 9:30 a.m.

Soup preparation: Wednesdays, 9 a.m., kitchen

Blood Pressure Checks: last Sunday of the month

Vestry Meetings, 4th Wednesday of the month,
6 p.m., Marshall House

Diocesan convention supports health care reform

The 122nd Convention of the Episcopal Diocese of Colorado took place Oct. 1 – 3 at the Pueblo Convention Center in Pueblo. The opening festival Eucharist was held at Grace and St. Stephen's in Colorado Springs.

Delegates adopted a resolution on health care that asked the diocese to “call on its parishes and members to engage in constructive dialogue and otherwise support the establishment of accessible, affordable, appropriate and sustainable health care for all the people of our country.” A lively debate ensued and a slightly amended resolution passed on the floor.

Some groups presented to the gathered delegates. The Commission on Mission Strategy showed a video presentation highlighting three areas in which it focused its work over the last year – mission partnerships, Hispanic ministry and new starts.

In addition to convention business and worship, those attending were also able to attend a number of workshops, hearings and smaller group discussions on topics ranging from licensed lay ministries to developing healthy and effective church leadership to spiritual gifts inventories. Delegates also accepted an operating budget of just over \$2 million for 2010.

Kneelers *(from p. 7)*

kneelers to the Sanctuary. Mary has enlisted the help of Lokken Liane who is developing new designs.

“It’s going to take time and money,” says Mary. “Jane is our inspiration to complete a project that will add beauty and comfort to our sanctuary.”

St. Barnabas Episcopal Church

1280 Vine St., Denver, CO 80206-2912
Telephone: 303-388-6469 Fax: 303-333-0512
www.stbdenver.org
email: office@stbdenver.org

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Deadline for the next issue of Steeple Bell is Monday, Mar. 8.

Weekly Announcements deadline is the end of the day Tuesday for Sunday publication.

Send information for The Steeple Bell and Announcements to Carol Anderson via fax, email, or U.S. mail.